



JULY 2018 NEWSLETTER

CANADA DAY CLOSURE

Please note that Horizon Taekwon-do will be closed on the following dates this month:
June 29th, 2018 to July 2nd, 2018 (Re-open on July 3th, 2018)

SUMMER HOURS

For the months of July and August Horizon Taekwon-do will have a summer schedule.
The Friday night class from 7 to 8 pm is cancel.
Saturday morning class from 11:30 to 12:30 is cancel.
Sunday class from 12:00pm to 1:00pm is cancel.

GRADING

Congratulations to our members who graded in **June**. The next Grading will be held on **Tuesday, July 17th, 2018**. Children who are currently White Belt to Yellow Belt, grading starts at 5:00 p.m., Green Stripe & up, grading starts at 6:00p.m. All Adults start at 7:00p.m. **Please note that all regularly scheduled classes are cancelled on this day.** Also, just a friendly reminder that students are required to wear their full uniforms at Grading and to bring their sparring equipment.

KICKBOXING CLASSES

Join Master Sanchez and Claudia for their high octane cardio kickboxing classes Monday, Wednesday, and Friday morning from 9:30am to 10:30am. Tuesday evening from 7:00pm to 8:00pm Wednesday evening at from 8:00pm to 9:00pm and Thursday evening from 7:00pm to 8:00pm.

The cost is \$10.00 per class or \$90.00 for a book of 10 classes. Remember - First Class Free!!

SUMMER CAMP

Four 1-week sessions have been scheduled this summer for camp. They are as follows:

July 9 - 13, 2018 **July 16 - 20, 2018**
August 13 - 17, 2018 **August 20 - 24, 2018**

Designed for children 5-12 years old, we combine extensive martial arts training with fun & energetic activities that always prove to be a hit with children and parents alike. For more details and to register please pick up a registration form from the office.

AFTER SCHOOL PROGRAM

Horizon Taekwon-do will be running an after school program from September 2018 to June 2019. Please speak to Mr. Sanchez or Mrs Sanchez for more details and submit your request or intentions for this program. Space is limited and will be dealt with on a first come first serve basis.

HORIZON TAEKWON-DO OPERATES A NUT FREE ENVIRONMENT