



# AUGUST 2018 NEWSLETTER

## ONE WEEK SUMMER HOLIDAY CLOSURE

Please note that Horizon Taekwon-do will be closed on the following dates this month:  
**July 30<sup>th</sup> 2018 to August 6<sup>th</sup>, 2018 (Re-open on August 7<sup>th</sup>, 2018)**

## GRADING

Congratulations to our members who graded in **July!** The next Grading will be held on **Tuesday, August 28<sup>th</sup>, 2018**. Children who are currently White Belt to Yellow Belt, grading starts at 5:00 p.m., Green Stripe & up, grading starts at 6:00p.m. All Adults start at 7:00p.m. **Please note that all regularly scheduled classes are cancelled on this day.** Also, just a friendly reminder that students are required to wear their full uniforms at Grading and to bring their sparring equipment.

## SUMMER CAMP

**August 13 - 17, 2018    August 20 - 24, 2018**

Designed for children 5-12 years old, we combine extensive martial arts training with fun & energetic activities that always prove to be a hit with children and parents alike. For more details and to register please pick up a registration form from the office.

## OPEN HOUSE / BBQ

Horizon Taekwon-Do is having its annual Open House / BBQ on **Saturday, August 25<sup>th</sup>, 2018** from 10:00am to 2:00pm. Come and enjoy the day with lots of free food, fun, and games. We are also having a potluck so feel free to bring what you like.

## KICKBOXING CLASSES

Join Master Sanchez and Claudia for their high octane cardio kickboxing classes Monday, Wednesday, and Friday morning from 9:30am to 10:30am. Tuesday evening from 7:00pm to 8:00pm Wednesday evening at from 8:00pm to 9:00pm and Thursday evening from 7:00pm to 8:00pm.

The cost is \$10.00 per class or \$90.00 for a book of 10 classes. Remember - First Class Free!!

## AFTER SCHOOL PROGRAM

Horizon Taekwon-do will be running an after school program from September 2018 to June 2019. Please speak to Mr. Sanchez for more details and submit your request or intentions for this program. Space is limited and will be dealt with on a first come first serve basis.

**HORIZON TAEKWON-DO OPERATES A NUT FREE ENVIRONMENT**