



# JANUARY 2019 NEWSLETTER

**Welcome back and Happy New Year!**

## **GRADING**

Congratulations to our members who graded in **December**. The next Grading will be held on **Tuesday, January 22<sup>nd</sup>, 2019**. Children who are currently White Belt to Yellow Belt, grading will start at 5:00pm., Green Stripe & up, grading starts at 6:00pm. All Adults start at 7:00pm. **Please note that all regularly scheduled classes are cancelled on this day.** Also, just a friendly reminder that students are required to wear their full uniforms at Grading and to bring their sparring equipment.

## **KICKBOXING CLASSES**

Join Master Sanchez and Claudia for their high octane cardio kickboxing classes Monday, Wednesday, and Friday morning from 9:30am to 10:30am. Tuesday evening from 7:00pm to 8:00pm and Thursday evening from 7:00pm to 8:00pm.

The cost is \$11.00 per class or \$100.00 for a book of 10 classes. Remember - First Class Free!!

## **PLEASE FOLLOW THE NEW SCHEDULE.**

Here's the NEW SCHEDULE FOR THE NEW YEAR.

In order for your kids to learn their requirements for their belts, please bring your child to their appropriate classes.

## **JUST A FRIENDLY REMINDER**

**IN ORDER TO KEEP THE CLUB CLEAN AND DRY PLEASE REMOVE YOUR SHOES AND BOOTS AND PLACE ON THE SHELVES PROVIDED AT THE FRONT DOOR. YOU ARE WELCOME TO BRING INDOOR SHOES OR SLIPPERS TO KEEP WARM.  
THANK YOU FOR YOUR CO-OPERATION.**

**HORIZON TAEKWON-DO OPERATES A NUT FREE ENVIRONMENT**